

**CHOOSE QUALITY.
CHOOSE SAVINGS.
CHOOSE VALUE.**



Designated substance use treatment providers can be an excellent choice.

Your employees are more informed and engaged in their health and health care decisions than ever before. As part of our engagement in our customers' well-being, we evaluate substance use treatment facilities' patient outcomes and cost-efficiency information. Those facilities which meet certain criteria are identified as Designated Substance Use Treatment Providers. This designation is used by the Cigna Behavioral Care Management team and network providers to help employees find quality and savings when choosing a facility for substance use treatment. And that can help you achieve better health for your bottom line.

Designated Substance Use Treatment Providers

Have earned a top ranking for cost-efficiency and health outcomes based on Cigna's methodology. Criteria used for this designation program includes:

- › Detoxification, residential, partial hospitalization and intensive outpatient is available
- › Total number of annual admissions
- › Readmission rates
- › Cost per episode

Armed with information

Our clinical and customer support teams provide designation information to customers which can help them choose quality, cost-effective substance use care. And this helps drive improved health outcomes and lower overall medical costs.

Our teams also educate customers on specialty treatment tracks and unique ancillary options appropriate for their individual situation. Examples of treatment tracks that may be considered include tracks designed specifically for first responders, adolescents, women only and those with chronic pain. Examples of ancillary treatment options include music therapy, yoga, equine therapy, and art therapy.*

Customers are encouraged to call Cigna first for information on the options available based on their unique, individual needs. Customers can call the number on the back of their ID card and at the prompt, they can choose "Behavioral Health." Or they can call Cigna Behavioral at **800.274.7603**.

An excellent choice

We evaluate facility patient outcomes and cost-efficiency information annually. Using a "star" ranking system, a facility may receive up to three stars for health outcomes and up to three stars for cost-efficiency. If a facility earns a total of five or six stars, they are identified as a Designated Substance Use Treatment Provider.



Together, all the way.®




Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

*Services may not be available through all providers or covered under your specific health plan. Prior authorization requirements apply. The following services are generally not covered: treatment of organic mental disorders associated with permanent brain dysfunction; developmental disorders; counseling for education, borderline intellectual functioning, occupational problems, consciousness raising, or vocational or religious purposes; I.Q. testing; custodial care; psychological testing on children requested by or for a school system; or occupational/recreational therapy programs. This is not a complete list of plan terms and plans may vary. See your plan documents for details of your specific health plan.

Designated Substance Use Treatment Providers

*PHP = Partial Hospitalization

*IOP = Intensive Outpatient

LOCATION 	FACILITY NAME 	LEVELS OF CARE 
AZ – Phoenix	Banner Behavioral Health Hospital	Inpatient Residential IOP
AZ – Phoenix	Calvary Center	Inpatient Residential PHP IOP
AZ – Phoenix	St. Luke's Behavioral Health Center	Inpatient IOP
CA – Los Angeles	Cornerstone	Inpatient Residential PHP IOP
CA – San Diego	Aurora San Diego	Inpatient IOP
CA – San Francisco	John Muir Behavioral Health Center	Inpatient Residential PHP IOP
CA – Ventura	Action Family Counseling Center	Inpatient Residential PHP IOP
CO – Denver	West Pines Behavioral Health	Inpatient Residential PHP IOP
CT – Fairfield County	Silver Hill Hospital	Inpatient IOP
FL – Orlando	University Behavioral Center	Inpatient PHP IOP
FL – Miami	Beachcomber Rehabilitation	Residential PHP IOP
FL – Miami	Center for Alcohol & Drug Studies (CADS)	Inpatient Residential PHP IOP
GA – Atlanta	Ridgeview Institute	Inpatient PHP IOP
IL – Chicago	Alexian Brothers Behavioral Health Hospital	Inpatient PHP IOP
KS – Kansas City	Shawnee Mission Medical Center	Inpatient IOP
MA – Worcester	Adcare Hospital	Inpatient Residential PHP IOP
MD – Baltimore	Pathways Chemical Dependency Program	Inpatient PHP IOP
MO – St. Louis	Centerpointe Hospital	Inpatient Residential PHP IOP
NC – Charlotte	Behavioral Health Center First Step	Inpatient Residential PHP IOP
NJ – NYC Area (Kearny)	Endeavor House North	Inpatient Residential PHP IOP
NV – Las Vegas	Seven Hills Hospital	Inpatient PHP IOP
NY – NYC Area (Carmel)	Arms Acres	Inpatient IOP
PA – Philadelphia	Bowling Green Brandywine	Inpatient Residential PHP
PA – Philadelphia	Livengrin Foundation	Inpatient Residential PHP IOP
PA – Williamsburg	Cove Forge Behavioral Health System	Inpatient Residential PHP IOP
TX – Dallas	Texas Health Behavioral Health	Inpatient Residential PHP IOP
TX – Houston	Memorial Hermann Prevention & Recovery Center	Inpatient Residential PHP IOP
UT – Salt Lake City	Salt Lake Behavioral Health	Inpatient PHP IOP
VA – Arlington	Phoenix Houses of the Mid-Atlantic	Residential PHP IOP
WA – Seattle	Lakeside Recovery Center	Inpatient Residential PHP IOP

If you have any questions about this program, please contact your Cigna representative.



Cigna's designation programs are not a guarantee of the quality of care that will be provided to individual patients. Employees are encouraged to consider all relevant factors and to consult with their treating doctor when choosing a provider for care. Providers are solely responsible for any treatment provided to their patients.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and complete details of coverage, contact your Cigna representative.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Connecticut General Life Insurance Company (CGLIC), Cigna Behavioral Health, Inc., Cigna Behavioral Health of California, Inc., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., (CHC-TN) Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc., and Cigna HealthCare of Texas, Inc. Policy forms: OK - HP-APP-1 et al (CHLIC); GM6000 C1 et al (CGLIC); TN - HP-POL43/HC-CER1V1 et al (CHLIC), GSA-COVER, et al (CHC-TN). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.